

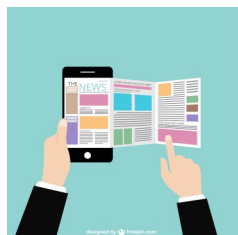


JULY ISSUE 2018

We are CMEL! Welcome to the seventeenth issue of the CMEL Newsletter! This publication aims to update you on the latest news and information in the biomedical world. We will also share information about upcoming events, so stay tuned! Find out more about [CMEL](#). We also have a Facebook page, you can follow us [here](#).

Top stories in this newsletter

In the News:

**Travel alert for Pakistan issued by the US due to ongoing outbreak of typhoid superbug**

In further news about antimicrobial resistance, the United States has issued a travel alert for Pakistan in light of the ongoing outbreak of an extremely drug-resistant new strain of typhoid fever which is resistant to five different antibiotics. The strain was first identified in November 2016, and since then, it has spread throughout the country, with 800 people infected and at least 4 dead. Read more [here](#).

美國基於巴基斯坦發生超級抗藥的傷寒病的爆發而對其發出了旅遊警示。該對 5 種抗生素有抵抗力的傷寒品種在 2016 年 11 月被發現，然後擴散至全國。在巴基斯坦至今有 800 人受感染，及有 4 人死亡。請[按此](#)閱讀有關報導。

In Commentary :

**Headspace aims to become first FDA-approved prescription meditation app**

Headspace Health is aiming to launch the first prescription meditation app. Clinical trials will begin this summer, and it is hoped that FDA approval will be obtained by 2020. Developers behind this app are aiming to use this app to help treat twelve mental and physical conditions. In this commentary article, the author discusses her research in the world of smartphone mental health apps, exploring different types of apps and the risks that might be associated with their use. Read more [here](#).

Headspace Health 公司正致力於推出第一個有處方治療地位的冥想應用程式。該公司在這個夏天會展開臨床試驗，並希望可以在 2020 年前取得美國食物及藥物局的許可。研發人員的目標是用這應用程式協助治療多達 12 種身心問題。作者在[此評論文章](#)探討現存關於精神健康的應用程式及其使用的風險。

Feature:

**Archbishop and daughters speak out on issues of mental health and disability**

The archbishop of Canterbury and his daughters have recently spoken out on disability and mental health on a podcast focusing on disability. In particular, they discussed the archbishop's daughter Ellie Welby and her struggle with dyspraxia and discrimination. Although the archbishop has not prayed for Ellie's condition because he believes it is a part of her and that she is precious, Ellie has sometimes questioned her faith because of her situation. Read in more detail [here](#).

坎特伯雷大主教和他的女兒們最近在一次廣播中談論到精神健康及殘疾。他們特別提到大主教的女兒 Ellie Welby 面對四肢不協調症及隨之而來的歧視的掙扎。雖然大主教認為女兒的殘疾是女兒珍貴的一部分所以自己從不為此祈禱，Ellie 卻有時會因為她的病而質疑信仰。詳情請[按此](#)閱讀有關報導。

Analysis :

**How the New York Court of Appeals reinstated influenza mandate for daycares**

In this piece, the author discusses the recent case of Garcia v. New York City Department of Health and Mental Hygiene, where the New York Court of Appeals reinstated a mandatory flu vaccine for all the daycares under the city's jurisdiction. The author analyses the reasoning of the case, and argues that the court had correctly decided that the mandatory flu vaccine was well within the New York City Board of Health's authority. Read more [here](#).

作者在此文章討論最近 Garcia v. New York City Department of Health and Mental Hygiene 的案件。案中紐約上訴庭恢復早前一個強制所有在紐約市司法管轄範圍的日間託兒中心為小孩注射流感疫苗的命令。作者的分析認為法庭肯定紐約市衛生當局有權下令強制流感疫苗注射的決定正確。請[按此](#)閱讀有關詳情。